



Vegetarian Tacos Free Recipe 10042025

Description

Recipe

Vegetarian tacos

These delicious and zesty vegetarian tacos are a doddle to make – but even better, everything can be made in advance.

Recipe tips

Manchego is often made using animal rennet, but vegetarian versions are available.

[Banzai Japan MV](#)

https://www.youtube.com/watch?v=k_vQsyC_F1A

Shopping List

Fruit and vegetables 1 ripe avocado, stone removed and peeled 20 cherry tomatoes ½ red chilli, deseeded and finely chopped 1 green chilli a few coriander sprigs few sprigs fresh coriander, leaves picked 2 garlic cloves, finely chopped ½ lime, juice only ½ lime, juice only bunch breakfast radishes, cleaned and chopped Tins, packets and jars 2 x 400g tins black beans sweet chilli sauce Cooking ingredients sea salt and freshly ground black pepper 1 tsp chipotle paste or 1 red chilli, finely chopped 1 tsp ground cinnamon 1 tsp ground cumin olive oil, for frying extra virgin olive oil, to taste Dairy, eggs and chilled 4 free-range eggs, fried handful of grated cheese, such as manchego or queso fresco natural, sheep or coconut milk yoghurt (optional) Other 8 wheat or corn tortillas

<https://youtu.be/RR8YYeb4PMk?si=KmCkolvULfrlxyK9>

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Category

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Tags

1. yoghurt
2. coconut milk yoghurt
3. bunch breakfast radishes
4. free-range eggs
5. sheep milk yoghurt
6. breakfast radishes
7. Healthy
8. eggs
9. milk yoghurt
10. radishes
11. Nut-free
12. lime
13. Manchego
14. lime juice
15. Pregnancy-friendly
16. ground cumin
17. queso fresco
18. sprigs fresh coriander
19. Vegetarian tacos
20. chilli sauce
21. grated cheese
22. cherry tomatoes
23. Vegetarian
24. cloves
25. cheese
26. ripe avocado
27. garlic cloves
28. green chilli
29. extra virgin olive oil
30. avocado
31. fresh coriander
32. freshly ground black pepper
33. virgin olive oil
34. coriander
35. ground black pepper
36. cinnamon
37. red chilli
38. tomatoes
39. chipotle paste

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- 40. chilli
- 41. ground cinnamon
- 42. chipotle
- 43. pepper
- 44. corn tortillas
- 45. sweet chilli sauce
- 46. black pepper
- 47. wheat tortillas
- 48. tins black beans
- 49. cumin
- 50. tortillas
- 51. black beans
- 52. olive oil
- 53. natural milk yoghurt
- 54. beans

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