



## Thai fish cakes Free Recipe 10042025

### Description

### Recipe

#### Thai fish cakes

King prawns and basa fillets are blended with aromatic spices and fresh mint to create these flavoursome bites. Enjoy as a starter or serve alongside a Thai-inspired summer feast.

### Recipe tips

When shaping the fishcakes, rub your fingertips with a little oil beforehand. This will help the mixture to become less sticky and easier to roll.

Once the mixture is blended and shaped, it can be frozen. Just place the raw fishcakes on a baking tray and leave in the freezer until solid, then transfer to a zip-lock bag or container.

You can shallow fry the fishcakes too over a medium-high heat if you prefer.

[Banzai Japan MV](#)

[https://www.youtube.com/watch?v=k\\_vQsyC\\_F1A](https://www.youtube.com/watch?v=k_vQsyC_F1A)

## Shopping List

Fruit and vegetables 60g/2¼oz green beans, finely sliced 5-8 fresh mint leaves, finely chopped  
Tins, packets and jars 2 tbsp Thai red curry paste  
Cooking ingredients 1 tsp caster sugar 1 tbsp fish sauce  
sea salt 500ml/18fl oz vegetable oil, for frying  
Meat, fish and poultry 75g/2½oz raw king prawns, heads and shells removed  
200g/7oz white fish fillets, such as basa, skinned, deboned and cut into chunks  
Other 5 fresh makrut lime leaves, finely chopped (optional)

<https://youtu.be/RR8YYeb4PMk?si=KmCkolvULfrlxyK9>

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