



Tepsi kebab with spinach yoghurt Free Recipe 10042025

Description

Recipe

Tepsi kebab with spinach yoghurt

Sabrina Ghayour's Turkish-inspired spiced tepsi kebab is baked in the oven and makes a brilliant midweek meal.

[Banzai Japan MV](#)

https://www.youtube.com/watch?v=k_vQsyC_F1A

Shopping List

Fruit and vegetables 2 large garlic cloves, minced 1 large garlic clove, minced 1 onion, minced in a food processor and drained of any liquid or very finely chopped 50g/1¾oz fresh flatleaf parsley, leaves and stems finely chopped, plus extra leaves to serve ½ red pepper, cored, seeds removed and very finely chopped sliced red onion 250g/9oz spinach Tins, packets and jars 2 tsp sumac, plus extra to garnish Cooking ingredients ½ tsp bicarbonate of soda sea salt flakes and freshly ground black pepper sea salt flakes and freshly ground black pepper olive oil, for drizzling 2 tbsp tomato purée 2 generous handfuls walnut halves, roughly chopped Dairy, eggs and chilled 500g/1lb 2oz Greek-style yoghurt Greek-style yoghurt Meat, fish and poultry 500g/1lb 2oz lamb mince, about 20 per cent fat Other 1 tbsp pul biber or Aleppo chilli flakes tortilla wraps or bread

<https://youtu.be/RR8YYeb4PMk?si=KmCkolvULfrlxyK9>

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Category

1. Country

2. All Recipes

Tags

1. yoghurt
2. freshly
3. Greek
4. tomato
5. sea
6. style
7. salt
8. oil
9. generous handfuls walnut
10. Egg-free
11. garlic clove
12. flatleaf parsley
13. handfuls walnut
14. Pregnancy-friendly
15. clove
16. parsley
17. generous
18. Tepsi kebab with spinach yoghurt
19. lamb mince
20. olive
21. handfuls
22. mince
23. ground
24. large garlic clove
25. walnut
26. sea salt
27. sea salt flakes
28. flakes
29. bicarbonate of soda
30. garlic
31. freshly ground black pepper
32. bread
33. bicarbonate
34. red pepper
35. ground black pepper
36. red
37. soda
38. pepper
39. tomato purée
40. sliced
41. sumac
42. red onion
43. fresh
44. large

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- 45. sliced red onion
- 46. onion
- 47. Greek-style yoghurt
- 48. tortilla wraps
- 49. fresh flatleaf parsley
- 50. black pepper
- 51. spinach
- 52. tortilla
- 53. flatleaf
- 54. black
- 55. lamb
- 56. wraps
- 57. onion minced
- 58. olive oil
- 59. purée
- 60. style yoghurt
- 61. minced

Date Created

April 3, 2025

Author

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