



Korean-style mapo tofu Free Recipe 10042025

Description

Recipe

Korean-style mapo tofu

Mapo tofu is traditionally a Chinese dish, but it's been given a Korean twist here with spicy gochujang and doenjang pastes.

[Banzai Japan MV](#)

https://www.youtube.com/watch?v=k_vQsyC_F1A

Shopping List

Fruit and vegetables handful coriander leaves (optional) 2 garlic cloves, finely chopped 2 tsp fresh root ginger, peeled and finely grated 1 onion, very finely chopped 2 spring onions, very thinly sliced Tins, packets and jars 225ml/8fl oz chicken stock freshly cooked short-grain sushi rice Cooking ingredients sea salt and freshly ground black pepper 1 tbsp cornflour, whisked into 2 tbsp cold water until smooth 1–2 tbsp Korean gochujang chilli paste 2½ tbsp Korean doenjang soybean paste (or miso paste) 1 tbsp toasted sesame oil black and white sesame seeds 2 tbsp soy sauce 1 tsp sugar 1 tbsp sunflower oil Dairy, eggs and chilled 400g/14oz firm tofu, drained and cut into 2cm/¾in cubes Meat, fish and poultry 400g/14oz beef mince 3 tbsp mirin

<https://youtu.be/RR8YYeb4PMk?si=KmCkolvULfrlxyK9>

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Tags

1. Tofu
2. chicken stock
3. sesame
4. chilli paste
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7. toasted sesame oil
8. sea saltsea salt and freshly ground black pepper
9. Korean
10. sesame seeds
11. sushi rice
12. short-grain sushi rice
13. chicken
14. cornflour
15. stock
16. grain sushi rice
17. Beef
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19. paste
20. garlic cloves
21. firm
22. miso
23. soy sauce
24. cloves
25. mirin
26. sugar
27. fresh root ginger
28. leaves
29. mince
30. root ginger
31. sauce
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33. sunflower oil
34. soy
35. onions
36. ginger
37. beef mince
38. spring onions
39. freshly ground black pepper
40. Korean doenjang soybean paste
41. rice
42. ground black pepper
43. doenjang soybean paste
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- 45. garlic
- 46. seeds
- 47. soybean paste
- 48. Egg-free
- 49. pepper
- 50. sesame oil
- 51. Korean gochujang chilli paste
- 52. Nut-free
- 53. onion
- 54. coriander leaves
- 55. gochujang chilli paste

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