



Homemade doner kebab Free Recipe 10042025

Description

Recipe

Homemade doner kebab

Make your own takeaway doner kebab with no fuss. This homemade kebab is ready in 30 minutes, ready to top with your favourite salads and pickles.

Equipment: you will need a 1kg/2lb 4oz loaf tin

Each serving provides 386 kcal, 29g protein, 35g carbohydrates (of which 6g sugars), 13g fat (of which 6g saturates), 7g fibre and 2g salt.

[Banzai Japan MV](#)

https://www.youtube.com/watch?v=k_vQsyC_F1A

Shopping List

Fruit and vegetables 2 tbsp pickled chillies (optional) 1 tsp ground coriander 2 garlic cloves, crushed ½ iceberg lettuce, finely shredded ½ tsp onion powder 1 red pepper, sliced ¼ red cabbage, cored and finely shredded ½ red onion, thinly sliced Tins, packets and jars 2 tbsp chilli sauce Cooking ingredients ½ tsp freshly ground black pepper 1 tsp ground cumin 1 tsp rapeseed oil ½ tsp sea salt ½ tsp smoked paprika Dairy, eggs and chilled 4 tbsp low-fat plain yoghurt Meat, fish and poultry 400g/14oz lean lamb mince (5% fat) Other 4 brown pittas

<https://youtu.be/RR8YYeb4PMk?si=KmCkolvULfrlxyK9>

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Category

1. Country
2. Ingredients
3. Turkey
4. Lamb
5. lean lamb mince
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Tags

1. garlic cloves
2. salt
3. ground
4. coriander
5. brown pittas
6. pickled chillies
7. sea salt
8. lean lamb mince
9. pickled
10. chilli
11. lamb mince
12. chillies
13. garlic
14. lean lamb
15. red pepper
16. low-fat plain yoghurt
17. pepper
18. low-fat
19. red onion
20. plain yoghurt
21. Homemade
22. onion
23. rapeseed oil
24. Doner Kebab
25. red cabbage
26. ground cumin
27. Homemade doner kebab
28. cabbage
29. chilli sauce
30. Dairy-free
31. black pepper
32. onion powder
33. Egg-free
34. black
35. iceberg lettuce
36. Healthy
37. cumin
38. lettuce

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- 39. Nut-free
- 40. paprika
- 41. cloves
- 42. Pregnancy-friendly
- 43. smoked paprika
- 44. ground coriander

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