



## Fish tacos Free Recipe 10042025

### Description

### Recipe Fish tacos

These fish tacos are excellent, and rest assured that the actual preparation is much easier than you might think.

### Recipe tips

The pickled onions, hot sauce and relish (minus the coriander) can be made 1 day ahead. Cover and refrigerate until needed. Stir the chopped coriander into the corn relish just before serving.

[Banzai Japan MV](#)

[https://www.youtube.com/watch?v=k\\_vQsyC\\_F1A](https://www.youtube.com/watch?v=k_vQsyC_F1A)

## Shopping List

Fruit and vegetables 2 ripe avocados 1 fresh red chilli, finely diced (de-seed if you don't like too much heat) 3 tbsp chopped fresh coriander 1–2 tbsp chopped fresh coriander 1 garlic clove, peeled and finely grated or minced 2 limes, juice only 1 lime, juice only, plus 2 limes, cut into wedges 1 small red onion, peeled, halved and sliced into half moons salad leaves of your choice 1 x 198g/7oz tin sweetcorn, drained Tins, packets and jars 125g/4½oz mayonnaise Cooking ingredients 1 tsp ground cumin 2 tsp gochujang paste, or other hot sauce, to taste 2 tbsp regular olive oil ½ tsp paprika salt, to taste 1 tsp sea salt flakes Meat, fish and poultry 4 skinless fillets of firm white fish, such as hake or haddock (750–900g/1lb10oz-2lb total), from the thicker loin end Other 8 soft corn tortillas

<https://youtu.be/RR8YYeb4PMk?si=KmCkolvULfrlxyK9>

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### Tags

1. olive oil
2. firm white fish
3. paprika
4. salt flakes
5. Egg-free
6. salt
7. regular olive oil
8. Healthy
9. lime
10. gochujang paste
11. Nut-free
12. garlic clove
13. gochujang
14. Pregnancy-friendly
15. clove
16. hot sauce
17. Fish
18. ground cumin
19. tin sweetcorn
20. Fish tacos
21. sea salt flakes
22. sweetcorn
23. fresh coriander
24. white fish
25. salad leaves
26. coriander
27. juice
28. salad
29. red chilli
30. chopped fresh coriander
31. limes
32. chilli
33. fresh red chilli
34. red onion

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- 35. ripe avocados
- 36. onion
- 37. avocados
- 38. mayonnaise
- 39. soft corn tortillas
- 40. cumin
- 41. corn tortillas

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