



Chicken satay burgers Free Recipe 10042025

Description

Recipe

Chicken satay burgers

These chicken burgers have it all: peanut sauce, satay chicken thigh patties, cucumber pickle and tomato sambal. You can start prepping this recipe a day ahead.

Recipe tips

You will have leftover cucumber pickle, satay spice paste and peanut sauce. These will keep covered in the fridge for a week.

[Banzai Japan MV](https://www.youtube.com/watch?v=k_vQsyC_F1A)

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Shopping List

Fruit and vegetables 150g/5½oz fresh red chillies 1 tsp ground coriander 2 cucumbers, seeds scooped out and finely sliced 5 garlic cloves 3 garlic cloves 2½cm/1in ginger, sliced lengthways into 3 or 4 pieces 1 lemongrass stalk, roughly chopped 600g/1lb 5oz onions, roughly chopped 400g/14oz red onions, sliced Tins, packets and jars 200ml/?pt coconut milk 2½ tbsp tamarind paste Cooking ingredients 100g/3½oz dark brown sugar 60g/2¼oz dark brown sugar 4½ tbsp dark brown sugar 1 tsp chilli powder ¼ tsp chilli powder ½ tsp ground cumin ½ tsp fennel seeds oil, for frying 180g/6¼oz lightly salted peanuts, dry-toasted 75ml/2½fl oz white rice vinegar 1½ tsp salt 1 tbsp salt ½ tsp salt (or less), to taste 1½ tsp table salt 1 star anise 125g/4½oz white caster sugar 3 tbsp tomato purée 1 tsp ground turmeric 60ml/4 tbsp vegetable oil Dairy, eggs and chilled 1 free-range egg, beaten Meat, fish and poultry 500g/1lb 2oz chicken thighs, boneless, skin removed, minced in a food processor Other 4 good-quality burger buns (such as brioche) chips (optional) 75g/2½oz satay spice paste (from above)

<https://youtu.be/RR8YYeb4PMk?si=KmCkolvULfrlxyK9>

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1. chilli
2. turmeric
3. thighs
4. white rice vinegar
5. garlic
6. star anise
7. oil
8. lightly salted peanuts dry-toasted
9. red onion
10. free-range egg
11. coconut milk
12. salted peanuts dry-toasted
13. onion
14. egg
15. milk
16. peanuts dry-toasted
17. cumin
18. ginger
19. lemongrass
20. dry-toasted
21. vinegar
22. tomato purée
23. spice paste
24. toasted
25. Pregnancy-friendly
26. brown sugar
27. seeds
28. red
29. fennel seeds
30. Chips
31. tomato
32. buns
33. range egg
34. fennel
35. chicken
36. coconut

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37. caster sugar
38. dark brown sugar
39. tamarind paste
40. Chicken satay burgers
41. salt
42. red chillies
43. satay spice paste
44. red onions
45. garlic cloves
46. tamarind
47. chilli powder
48. brioche
49. lemongrass stalk
50. vegetable oil
51. cloves
52. vegetable
53. good-quality burger buns
54. stalk
55. rice vinegar
56. ground coriander
57. ground turmeric
58. quality burger buns
59. cucumbers
60. sugar
61. ground
62. purée
63. burger buns
64. fresh red chillies
65. coriander
66. chillies
67. powder
68. chicken thighs boneless
69. onions
70. chicken thighs
71. paste
72. white caster sugar

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