



Air fryer crispy chilli beef Free Recipe 10042025

Description

Recipe

Air fryer crispy chilli beef

The air fryer is brilliant for making foods with crispy textures, so this takeaway-inspired recipe works a treat.

Recipe tips

This recipe will work well with chicken too.

To prepare this dish ahead of time, marinate the beef up to 3 hours in advance. The vegetables can be cooked the day before.

The beef is best eaten just after cooking.

[Banzai Japan MV](#)

https://www.youtube.com/watch?v=k_vQsyC_F1A

Shopping List

Fruit and vegetables 2 peppers, red or yellow, seeds removed and cut into chunks 2 onions, cut into 2cm/¾in chunks 1 red chilli, seeds removed, sliced 2 spring onions, sliced on an angle, to serve Tins, packets and jars freshly cooked rice or noodles, to serve (optional) 2 tbsp tomato ketchup Cooking ingredients 1 tbsp soy sauce 1½ tbsp vegetable oil 3 tbsp cornflour 2 tsp Chinese five-spice powder 2 tbsp sesame seeds (a mix of black and white, or whatever you have) 5 tbsp white wine vinegar 1 tbsp balsamic vinegar 2 tbsp light soy sauce 2 tbsp light brown sugar Meat, fish and poultry 4 x 150g/5½oz minute beef steaks, very thinly sliced into strips

<https://youtu.be/RR8YYeb4PMk?si=KmCkolvULfrlxyK9>

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